



People in the Centre of Aviation Safety

- Conclusion Session

ORGANIZED BY FLIGHT SAFETY FOUNDATION IN PARTNERSHIP
WITH EUROCONTROL AND THE EUROPEAN REGIONS AIRLINE ASSOCIATION.



Social Pain = Physical Pain
Listen up & see through the eyes
of others

Diversity & Inclusion

Developing a Safe
Culture

Remove fear to talk about it
Presenteeism
Mental Health Risk Mgt
How do we include Insurance actors???

Just & Fair
Culture in
Mental Health

Positive
Organisational
Culture?

Mental Culture = Just and Fair?
Values, Leadership, Communication,
Transparency, Relationships

Pilots are Human!!

Pilot - Pilot
(Peer - Peer)

Trust &
Confidentiality

Know your
Audience

Peer Support Networks

Near misses vs
actual events
(impact of
Distraction?)



Capabilities

Reporting

Support

Awareness

**Technology to Support!!
Ability to Monitor!!
Resilience vs Silent Endurance**

- User centric toolbox to understand your MH
- What about AME ready to recognise

- Similarities for the Aviation industry
- Evacuation scenarios working with controllers

Mental Health Assessment

Learning from SNCF

Train the Gen Z

Improving the aviation industry by gaining experience

- Mindful tools
- Follow your values

- Checklists!
- We train our brain for the worst situation!!

- Speaking up is risky (shouldn't be)
- Unsafe teams initiate stress
- Learn from each other.

Know your Brain

Cultural
awareness

Mental
Health
Awareness

Mental Health
Awareness

- Why do we avoid support?
- What can we do to improve
- Malware in brain to avoid help?



Next Steps:

- Videos and presentations will be uploaded on Skybrary
- Summary of threats and recommendations to be raised
- Don't forget your feedback in the App!

- **Speakers**
- **FSF and Eurocontrol**
- **Session Chairs**
- **Rapporteurs**

- **AND YOU!!!**

THANK YOU!!!!



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PEOPLE IN THE CENTRE OF
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