

Only bad choices 1 CL

Title: Only bad choices

Presenter: Richard I. Cook, MD

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Key references: [Cook, Woods, Miller \(1998\). A Tale of Two Stories: Contrasting Views of Patient Safety.](#)  
Fairbanks et al. (2014). *Resilience and Resilience Engineering in Health Care*. Joint Commission Journal of Quality and Patient Safety

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Old surgical saying #1:

If there are more  
than two operations  
for a single condition,  
none of them are any good.

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Old surgical saying #2:

Good results  
come from *Experience*.

*Experience*  
comes from bad results.

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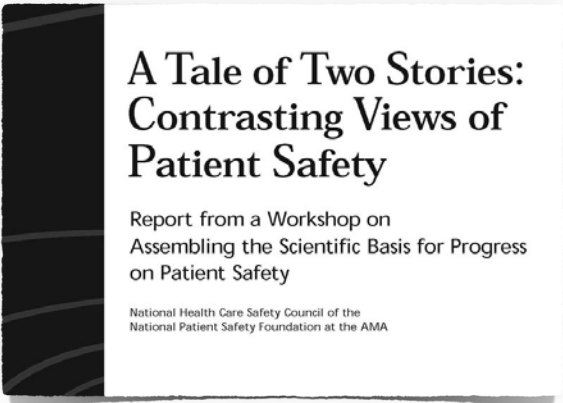
1. There are too few accidents to guide work on safety. *The 'quality' paradigm doesn't work here. This is what success looks like.*
2. So we use arbitrary limits. *We hope these are related to safety.*
3. The limits are conservative. *We add margin because we are uncertain. See #2!*
4. We cheat. *The limits are conservative so 'minor' adjustments are reasonable and, after all, nothing [bad] happens!*
5. Production pressure keeps the operating point tight to the margin. *We use up every advantage we gain to do more or do it with fewer resources.*

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Origins of Safety 2: *A Tale of Two Stories*, 1998



**A Tale of Two Stories:  
Contrasting Views of  
Patient Safety**

Report from a Workshop on  
Assembling the Scientific Basis for Progress  
on Patient Safety

National Health Care Safety Council of the  
National Patient Safety Foundation at the AMA

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Origins of Safety 2: *A Tale of Two Stories*, 1998

...enhancing safety begins with efforts to understand not just the sources of failure but also the sources of success. System operations are seldom trouble-free... **observers find many more opportunities for failure than actual accidents.**

**The difference between  
the high potential for failure and  
the low rate of failure  
is produced *largely by practitioners.***

*p.13 emphasis added*

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Origins of Safety 2: *A Tale of Two Stories*, 1998

Each investigation shows how practitioners **resolve conflicts, anticipate hazards, accommodate variation and change, cope with surprise, work around obstacles, close gaps between plans and real situations, detect and recover from mis-communications and mis-assessments.** In these activities practitioners **regularly forestall or deflect potential accident trajectories.**

*p.13 emphasis added*

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Origins of Safety 2: *A Tale of Two Stories*, 1998

...human practitioners are not so much the cause of occasional sporadic accidents as they are the active agents that regularly contribute to success. When they carry out their roles successfully, they are the active creators of safety. Safety research tries to identify factors that undermine practitioners' ability to do this successfully.

*p.13 emphasis added*

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### Origins of Safety 2: A Tale of Two Stories, 1998

Figure 3. The blunt end of a complex system controls the resources and constraints that confront the practitioner at the sharp end.

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### Origins of Safety 2: A Tale of Two Stories, 1998

Figure 3. The blunt end of a complex system controls the resources and constraints that confront the practitioner at the sharp end.

The *sharp end* is where practitioners interact directly with the hazardous process in their roles as pilots, mechanics, **air traffic controllers**, nurses, physicians, technicians, pharmacists...

p.13, emphasis added

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### Origins of Safety 2: A Tale of Two Stories, 1998

Figure 3. The blunt end of a complex system controls the resources and constraints that confront the practitioner at the sharp end.

...the *blunt end* [is where] regulators, administrators, economic policy makers, and technology suppliers... is the source of the resources and constraints that form the environment in which practitioners work.

p.13

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### Origins of Safety 2: A Tale of Two Stories, 1998

Figure 3. The blunt end of a complex system controls the resources and constraints that confront the practitioner at the sharp end.

The blunt end is also the source of demands for production that sharp end practitioners must meet. The demands are often conflicted, as when the blunt end provides incentives for greater production while simultaneously demanding lower rates of failure.

p.13 emphasis added

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... experience with other industries indicated that the need for the appearance of a commitment to safety can sometimes take precedence over the long, painstaking efforts required to make real progress.

It is much easier to talk about a "safety culture" than it is to create one.

*p.39 emphasis added*

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...we are talking about a law of systems development, which is: every system operates always at its capacity. As soon as there is some improvement, some new technology, we stretch it...

*Larry Hirschhorn*

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Why are there only *bad choices* left?

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ACCEPTABLE PERFORMANCE BOUNDARY

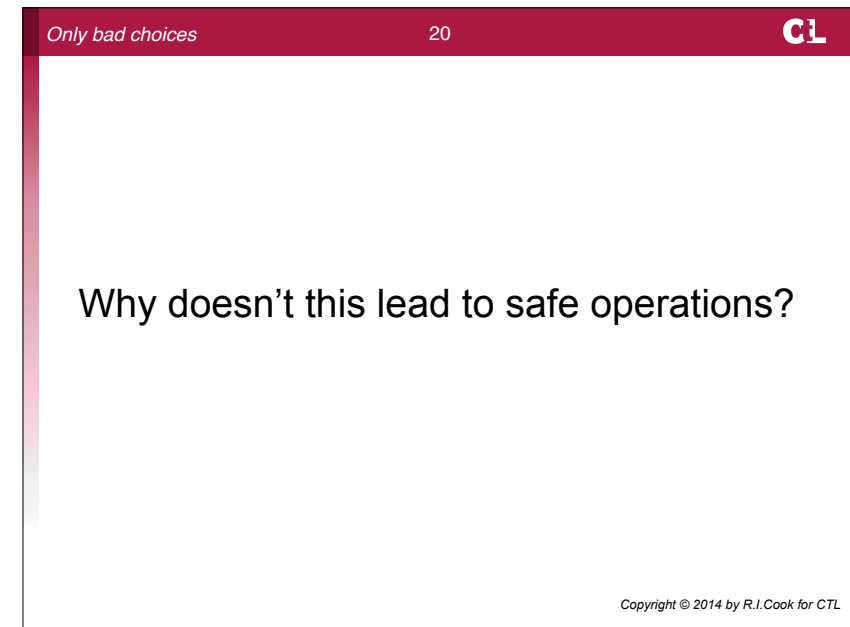
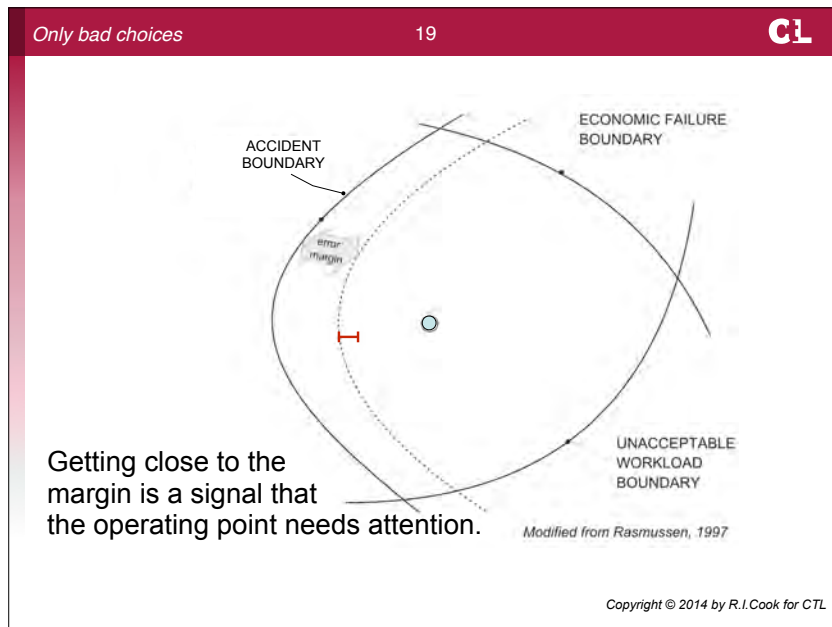
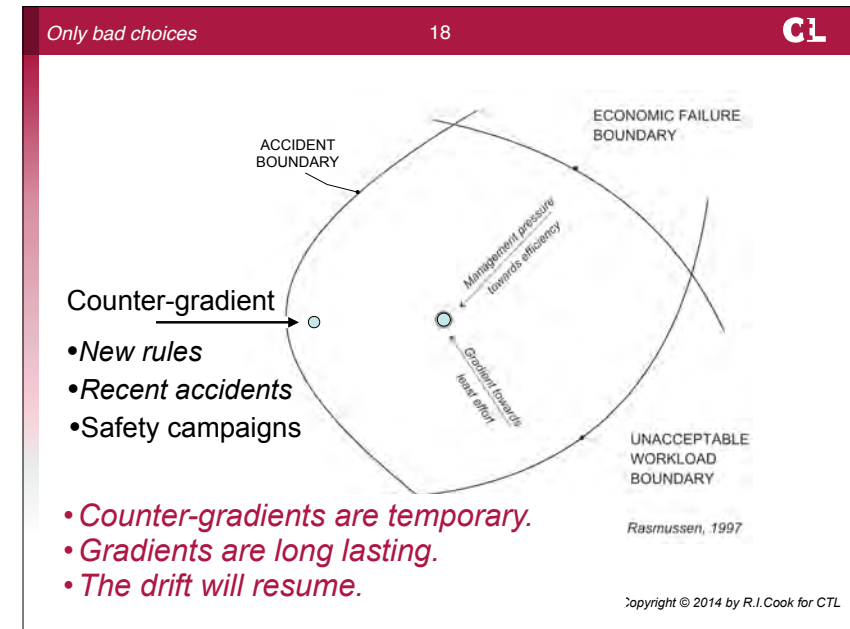
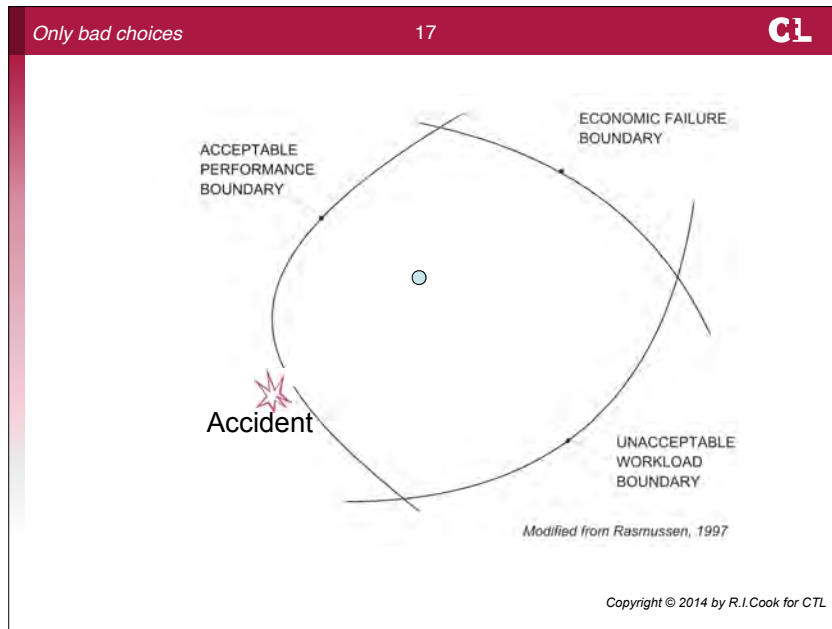
ECONOMIC FAILURE BOUNDARY

Operating point

UNACCEPTABLE WORKLOAD BOUNDARY

*Modified from Rasmussen, 1997*

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- Reliable information about the accident boundary comes from accidents.
- Accidents are rare.
- The accident boundary changes.

*We usually don't know where the accident boundary is.*

ACCIDENT BOUNDARY MARGIN

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Normalization of deviance...  
Dianne Vaughn

original MARGINAL BOUNDARY

ACCIDENT BOUNDARY

...moves the marginal boundary closer to the accident boundary.

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original MARGINAL BOUNDARY

new MARGINAL BOUNDARY

The result is often a slipping of the operating point towards the accident boundary.

This is "flirting" with the margin

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Counter-gradient

- New rules
- Recent accidents
- Safety campaigns

**Intentional movement away from the margin**

ACCIDENT BOUNDARY

ECONOMIC FAILURE BOUNDARY

UNACCEPTABLE WORKLOAD BOUNDARY

Management pressure towards efficiency

Gradient towards least effort

Modified from Rasmussen, 1997

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# What is surprising is not that there are so many accidents...it is that there are so few!

But why?

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## resilience

*The Joint Commission Journal on Quality and Patient Safety*

Conference Report

### Resilience and Resilience Engineering in Health Care

Rollin J. Fairbanks, MD, MS; Robert L. Wears, MD, MS, PhD; David D. Woods, PhD; Erik Hollnagel, PhD; Richard I. Cook, MD

A system is *resilient* if it can adjust its functioning before, during, or following events (changes, disturbances, or opportunities) and thereby sustain required operations under both expected and unexpected conditions. Resilience is found in complex adaptive systems such as health care, which have the ability to adjust to combinations of usual and unusual demands; interruptions; variations in staffing or other resources; losses or corruptions; diffuse, varying, or critically, incessant change. It is the resilience that allows a system to adapt to change.

Resilience is at least as important in ATC as in medicine.

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### Resilience:

- Prominent in complex operational worlds
- Distributed
  - through space
  - across agents (people, machines)
  - over time scales (seconds to decades)
- Dependent on expertise, esp. anticipation
- Requires balanced goal sacrifice
- Resists quantification
- Hidden in ordinary operations

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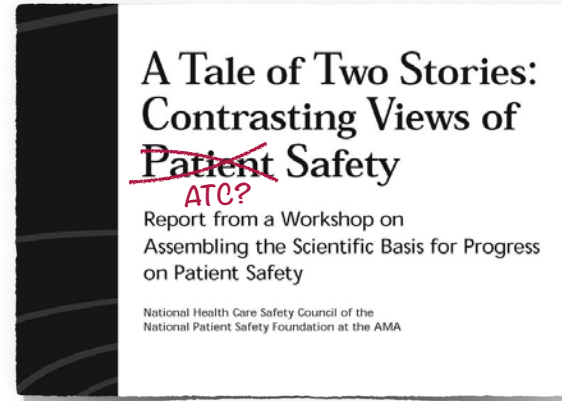
*Exercises:*

- 1) Where is the operating point right now?
- 2) How do you know?
- 3) How do you prepare for production pressure you know is coming?
- 4) What 'ordinary' stuff moves the OP past the margin?
- 5) What *Tale of Two Stories* bits seem relevant to your experience in ATC?
- 6) How can we make this clearer to others?

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insights... come from exploring the **second story** that lies behind the incidents that provoke attention. In each case...

- The work is painstaking and detailed.
- The story is complex, difficult for outsiders to understand, and not easily reduced to a simple summary.
- The research methods used are unfamiliar to many.
- The motivation for the work was to understand the nature of the real processes that underlie success and failure in the real world.

p.36 *emphasis added*

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